

Lunch Menu

Week 1



W/C 13/04, 04/05, 25/05, 15/06, 06/07, 27/07, 17/08, 07/09, 28/09, 19/10

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Margherita Pizza		Chicken & Leek Pie		Roast Chicken		Chicken Meatballs		Fish Fingers	
Veggie Pizza		Cauliflower Cheese		Crispy Cheese & Lentil Bake		Veggie Meatballs		Veggie Fingers	
SIDES	Baked Potato Wedges and Coleslaw or Salad	Creamy Mash & Green Beans		Roasted Potatoes, Carrots & Sweetcorn		Rice & Mixed Salad		Chips & Baked Beans	
	Homemade Tomato Sauce	Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce	
< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >									
Apple Sponge & Custard		Jelly & Fruit Slices		Carrot & Cinnamon Cookies		Fruit Salad		Chocolate & Vanilla Shortbread	

SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



W/C 20/04, 11/05, 01/06, 22/06, 13/07, 03/08, 24/08, 14/09, 05/10

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Margherita Pizza		Chicken Curry		Chicken Wrap		Sausage & Mash		Chicken Nuggets	
Veggie Pizza		Vegan Tikka Curry		Veggie Wrap		Veggie Sausage & Mash		Cheese & Onion Quiche	
Baked Potato Wedges and Coleslaw or Salad		Wholegrain Rice & Broccoli		Rice & Sweetorn		Green Cabbage		Chips & Baked Beans	
Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce	
  		  		  		  		  	
< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- > 									
Vanilla Sprinkle Sponge		Watermelon Sticks		Chocolate Crispy Cake		Fruit Bowls		Apple Flapjack	
		  				  		 	
SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY									

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 3



W/C 27/04, 18/05, 08/06, 29/06, 20/07, 10/08, 31/08, 21/09, 12/10

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Mac n Cheese		Homemade Sausage Rolls		Roast Gammon		Chicken & Rice Curry		Fish Fingers	
Veggie Lasagna		Homemade Cheese & Tomato Turnover		Cheesy Veggie Bake		Sweet Potato & Chickpea Curry		Pitta Pockets	
Green Beans		Wedges & Baked Beans		Roasted Potatoes, Broccoli & Gravy		Broccoli		Chips & Baked Beans	
Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce		Homemade Tomato Sauce	
  		  		  		  		  	
< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >								  	
Jammy Crumble Slice		Fruit Bowls		Vanilla Ice Cream Cup		Jelly & Fruit Slices		Rainbow Shortbreads	
		  				  			
SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY									

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut