

Lunch Menu

Week 1

MONDAY

Mediterranean Chicken

Served with Khobez bread & Roasted Vegetables

TUESDAY

Homemade Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas

WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties, Broccoli & Gravy

THURSDAY

Chicken Jollof Rice

Served with a Crunchy Slaw

FRIDAY

Golden Fish Fingers

Served with Chips & Baked Beans



Vegetable Tagine

Served with Khobez bread & Roasted Vegetables

Homemade Pizza al a Pesto

Served with Baked Potato Wedges and Coleslaw or Peas

Cauliflower Cheese

Served with Crispy Roasties, Broccoli & Gravy

Sweet Potato & Black Bean Curry

Served with Steamed Rice & Crunchy Slaw

Roasted Vegetable Pita Pockets

Served with Chips & Baked Beans



Penne Pasta with Homemade Tomato Sauce

Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce

Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Apple Crumble Cake

Jelly & Fruit Slices

Carrot & Cinnamon Cookies

Fruit Salad

Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



MONDAY

Char Sui Pork

Served with a Noodles & Green Cabbage

TUESDAY

Homemade Pizza Margherita

Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken, Sage & Onion Slice

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

THURSDAY

Bombay Chicken Biryani

Served with Wholegrain Rice & Broccoli

FRIDAY

Golden Fish Fingers

Served with Chips & Baked Beans



Chow Mein Noodles

Served with a Green Cabbage

Vegetable Supreme Pizza


Served with Garlic & Herb Wedges and Coleslaw or Peas

Crispy Cheese & Lentil Bake

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

Malai Koftas (Paneer)

Served with Wholegrain Rice & Broccoli



Sweet Pot, Leak & Cheese Quiche

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Vanilla Sprinkle Sponge

Watermelon Sticks

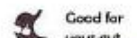
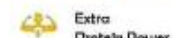
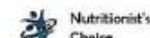
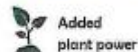
Chocolate Bricks

Fruit Bowls

Oatie Cookie

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

**Icon
Key**



Lunch Menu

Week 3



MONDAY

Chicken Tacos

Served with
Rainbow Rice & Sweetcorn

TUESDAY

Homemade Sausage Rolls

Served with Wedges & Baked Beans

WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties,
Carrots & Sweetcorn

THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

FRIDAY

Golden Fish Fingers (Salmon Or Pollock)

Served With Chips & Garden Peas



Eat Curious Tacos

Served with Rainbow Rice &
Sweetcorn

Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

Cheesy Root Veg Crumble

Served with Carrots
& Sweetcorn

Vegetable & Bean Chilli

Served with Steamed Rice &
Green Beans

Vegetable Fingers

Served with Chips & Baked Beans



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Orange & Cinnamon
Cake

Fruit Bowls

Vanilla
Ice Cream Ball

Jelly & Fruit Slices

Polish Vanilla Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon
Key



Added
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's
Choice



Extra
Protein Power



Good for
your gut